



# Parish Week

One does not live on bread alone,  
but on every word that comes  
From The mouth of God.

Sunday, 27 Feb. 2022

## Saturday, 26 Feb.

- 8.00 am Mass: † Mervyn Rocha (William)
- 5.00 pm Mass: † Micheal Hickey (Helen Hillier)

## SUNDAY, 27 FEB. / 8-C

- *Homilist: Fr. Elias Chachati*
- *2<sup>nd</sup> Collection: Maintenance*

- 9.00 am Mass: † Eleanor Alex Aexandris (Friends & family)
- 10.30 am Mass: † Jawhara Abla Chachati, 1<sup>st</sup> Death Anniversary (DiMichele family)
- 12.00 pm Mass: † Rosalina de Jesus (family)
- 1.00 pm Catholic Women's League
- 7.00 pm Mass: Pro Populo

## Monday, 28 Feb.

- 8.00 am Mass: Int. Thanksgiving (Esme D'Mello)
- 7.00 pm Mass: Int. Esme D'Mello (Friends)

## Tuesday, 1 Mar.

- 8.00 am Mass: † Ann Stafford (Alice Larkin)
- 7.00 pm Mass: Pro Populo

## Wednesday, 2 Mar. / ASH WEDNESDAY

- *Lent begins; Day of Fast and Abstinence*
- *All Ash Wednesday Masses include distribution of blessed ashes*

- 8.00 am Mass: † Emma Carreon (family)  
*School Ash Wednesday Liturgies and ash distribution will be at the schools, at various times throughout the day.*
- 7.00 pm Mass: Int. 33<sup>rd</sup> Wedding Anniversary  
Mary & Gune Marimpillai (family)

## Thursday, 3 Mar.

- 8.00 am Mass: † Edward Smith (Daphne Suitter)
- 7.00 pm Mass: † Dave Matthews (Mary Rose & family)

## Friday, 4 Mar. / St. Casimir

- 8.00 am Mass: † Willie Mannion (Christyn & Kelly Manning)
- 6.00 pm Holy Hour
- 7.00 pm Mass: † Paul Vaz (Elizabeth)
- 7.30 pm Stations of the Cross (CWL)
- 8.00 pm RCIA

## Saturday, 5 Mar.

- 8.00 am Mass: † Francis Jegasothy (Josephine)
- 11.30 am RCIC
- 5.00 pm Mass: † Gabriel & Francis Andreas  
(Maria Subramaniam)

## SUNDAY, 6 MAR. / LENT 1-C

- *Homilist: Deacon Ramon Villardo*

- 9.00 am Mass: † Sheila Gomes (Greta)
- 10.30 am Mass: Int. 25<sup>th</sup> Birthday Ivy Rose Caedac (family)
- 12.00 pm Mass: † Francisco & Teresa Di Michele (family)  
*- Rite of Election for RCIA Catechumens*
- 1.30 pm World Day of Prayer (CWL)
- 7.00 pm Mass: Pro Populo

# Focus on the Word

8<sup>th</sup> Sunday Ordinary Time, Year C  
Sirach 27.4-7; Corinthians 15.54-58; Luke 6.39-45

Grand us, O Lord, we pray that the course of our world may be directed by your peaceful rule and that your Church may rejoice, untroubled in her devotion. Amen.

## Pray for the Deceased

Anna Di Maio, Mercia Angelina Larcina,  
Fr. Vito Marziliano, Johnny Yong

The **1,300 civilians** who have died since  
the **military coup in Myanmar**



## Lenten Masses

During Lent, there will be an evening Mass at 7.00 pm Monday to Friday, from Ash Wednesday to Holy Thursday.

## Stations of the Cross

Each Friday during Lent, the *Stations of the Cross* will be prayed congregationally after the 7.00 pm Mass.

For private use, the parish *Stations of the Cross* booklet may be obtained at the office for \$2.

The Facilitators for 2022 will be:

- |       |    |                            |
|-------|----|----------------------------|
| March | 4  | Catholic Women's League    |
|       | 11 | Youth Ministry             |
|       | 18 | Altar Servers              |
|       | 25 | St. Vincent de Paul        |
| April | 1  | Greeters & Euch. Ministers |
|       | 8  | Knights of Columbus        |
|       | 15 | Lectors                    |



## 2<sup>nd</sup> Collection: 27 February, Maintenance

The 2<sup>nd</sup> collection on Sunday, 27 Feb., will be for the support of our major parish projects through the *Maintenance Collection*.

## COMING UP

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- 7 Mar. Infant Baptism Parent/Godparent Meeting (7:40 pm)
- 13 Mar. Infant Baptism (1.30 pm)
- 27 Mar. *ShareLife Collection*

- 10 Apr. **Palm Sunday:** *Holy Week* begins
- 14 Apr. **Holy Thursday:** *Evening Mass of the Lord's Supper;*  
*- Adoration until midnight*
- 15 Apr. **Good Friday:** *The Passion of Our Lord*
- 17 Apr. **Easter Sunday:** *Resurrection of Our Lord;*  
2 Collections: (a) *Offertory;* (b) *Easter*

## Website [stmariagoretti.archtoronto.org](http://stmariagoretti.archtoronto.org)

As of 1 March 2022, we can resume 100% capacity for attendance, with no distancing requirement. *Face masks, sign-in and hand sanitization* practices all continue. For more information on Parish activities, see the website bulletin.



## Ash Wednesday

Ash Wednesday marks the beginning of Lent and is a day of **FASTING AND ABSTINENCE**. Ashes will be distributed at all our liturgies that day.

**FASTING** (one full meal and two smaller meals, no snacking) applies to those 18-60 years. This does not apply to those who are pregnant, sick or elderly.

**ABSTINENCE** from meat applies to those 13 and older.

During Lent, the **faithful** PREPARE FOR EASTER through:

*Prayer*  *Penance* and  *Works of Charity or Mercy*.

During the Lenten season, we see some changes to the Liturgy:

The “*Alleluia*” is not sung, and is omitted in prayers.

*Musical instruments* are used sparingly, only as necessary accompaniment for singing;

*Flowers* are not placed in the Sanctuary, from the Baptistry to the Tabernacle. Any donations (e.g., from funerals) must be placed in the Blessed Virgin Shrine area.

In the RCIA, **Catechumens** present themselves to the regional **Bishop** at the *Rite of Election*, to prepare to celebrate the Paschal Mystery through the various stages of Christian Initiation.

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## Sacramental Preparation

We are moving forward with **FIRST RECONCILIATION** for the Grade 3 students of St. Albert School, with the *Presentations* on the Sacraments for the newly-Confirmed Grade 8 youth (November–December 2021), and the students who made their 1<sup>st</sup> Communion in Grade 4 (April 2021) and Grade 3 (November 2021). This will be done in conjunction with the formal preparation for **1<sup>st</sup> Holy Communion & Confirmation** for the students currently in Grades 2 & 7.

### Rite of Election 12 pm Mass, 6 March

*Rite of Christian Initiation of Adults and Children*

On Sunday, 6 March, RCIA & RCIC candidates completing the *Catechumenate* period will celebrate the Rite of **ELECTION**. This rite provides them with their entry into the final period before their Initiation, and their reception of the Sacraments.

## World Day of Prayer

1.30 pm Mass, 6 March

On Sunday, 6 March, the Catholic Women’s League will be hosting this year’s World Day of Prayer service at 1.30 pm. This year’s theme: “I Know The Plans I Have for You.” See the website bulletin for more details.

## Free Tax Clinic

*Association of Filipino Canadian Accountants*

On Sunday, 27 February, we will have a sign up table in the Vestibule to register families and individuals who would be interested to use the services of AFCA in a **free tax clinic** on 2 April 2022. Further details will be provided in the coming weeks.

## Experiencing Lent

*Here is a real 12-Step Program for your Lenten renewal.*

### At home

1. **Prayer:** Make sure to pray Grace together at family meals; pray the Rosary daily – offer the Sorrowful Mysteries on Friday. Read Psalms 27 and 146 at Morning and Evening Prayer. Include the *Divine Mercy* devotion in your daily prayer. Meditate on the Stations of the Cross daily. On Sunday, share *Evening Prayer*: gather as a family, or with friends, using the formula provided in the current Sunday Missal (books at the office: \$5).

2. **Peace Time:** Read some solid spiritual books this Lent; note the references to the Sunday Readings (under “Focus on the Word” in the second column), and read them in your Bible at home at a quiet time during the week. Let the Word of God permeate your life and bring you healing and peace.

### Prayer and Church Community

3. **Weekday Eucharist:** Participate in daily Mass as detailed each week in the Parish bulletin.

4. **Stations of the Cross:** Pray the Stations after daily Mass; join as a family in the weekly parish Stations, every Friday at 7:30 pm, following the 7.00 pm Mass.

5. **Prayer and Action:** Offer the *St. Vincent de Paul Society* your time & talent to help the poor. In addition to the hour’s wage as the Sunday Offering, sacrifice a day’s wages for our annual *ShareLife Appeal*, to help people to help themselves.

### Concern for One Another

6. **Ghost:** Be helpful to people anonymously, without revealing who you are to take credit.

7. **Threads:** Got any good clothes to spare? Set them aside for the St. Vincent de Paul’s *Bundle Sunday*.

8. **Lift:** Spend time with someone who is hurting and really needs encouragement. Set aside your own problems for a moment, and pray with that person for God’s peace.

### Forgiveness: Self-Concern and Others

9. **Reconciliation:** Have a good Confession early in Lent; make up with God; open up – every Saturday, 4:00 pm. This is the Sacrament that keeps our hearts from getting clogged by sin; instead of growing cold, warm up!

10. **Family Forgiving Time:** Take time to reflect upon the past year, and talk about your relationships at home. Pray to God for help in discerning areas that need renewal, forgiveness and healing and then take action.

### Fasting and Almsgiving

11. **Shrink:** Remember that both *Ash Wednesday* and *Good Friday* are days of Fast and Abstinence. In Lent, observe abstinence every Friday. This is a spiritual exercise. Choose a time in your period of fasting when you can concentrate, and pray for a spirit of solidarity between our own poverty, and that of the poor in our city and in the developing nations.

12. **Grow:** Ask God for help to get into spiritual self-renewal. Select appropriate acts of self-denial during Lent, and follow through! Cut out smoking; cap the alcohol; abstain from favorite foods; limit your time on the internet; and skip the mindless TV - pick programs from Catholic stations that highlight life’s positive values, or just give “The Screen” a rest one day a week.

# Updates to the WorshipSafe Protocols which will take effect Tuesday, 1 March 2022

- ❖ All capacity limits, including physical distancing requirements, are removed from Churches. Parishes can begin to remove floor markings and other signage. Distancing at Holy Communion would remain a good practice for a period of time.
- ❖ Indoor mask use is still required for those over the age of two (limited medical exemptions apply).
- ❖ Holy Communion on the tongue can resume, but those receiving Holy Communion on the tongue should ideally be at the end of the Communion line
- ❖ The *Kiss of Peace* should still be replaced by a bow or wave at this time.
- ❖ Holy Water fonts can be refilled. Prayer books, hymnals, magazines, bulletins and votive candles can all return to the Church.
- ❖ Altar Servers and Extraordinary Ministers of Holy Communion can return to pre-pandemic duties.
- ❖ Choirs and cantors still must be masked or three metres/nine feet from anyone else.
- ❖ Proof of vaccination is not a requirement to enter Archdiocese of Toronto churches.
- ❖ Baptisms can return to pre-pandemic practices.
- ❖ Confessionals and confession rooms can reopen, provided that both parties are masked.
- ❖ Hand sanitization upon arrival and before the distribution of Holy Communion is encouraged.
- ❖ Meetings in halls may resume. Mask use is required.
- ❖ Parishioners should be encouraged to continue self-screening for Covid-19 symptoms and stay home if they have any symptoms.
- ❖ Parishes are encouraged to review updated procedures with volunteers and others who may be assisting with the celebration of the Sacraments.
- ❖ Parishes are encouraged to make announcements at the beginning of Mass during March 2022, noting the lifting of restrictions and reminders regarding updated procedures that may have changed.

# Our Church's Year of Prayer



The LITURGICAL YEAR is a cycle of praise and worship which allows Christians to experience the mysteries of salvation as they are outlined in Scripture, and as they are lived in history.

## Advent

*The weeks following the 4 Sundays prior to Christmas*

We pray, read the Bible, go to Confession and prepare for the coming of Jesus into our lives and hearts.

## Christmas Season

*From Christmas Eve to the Feast of the Baptism of the Lord*

The birth of the Messiah! We celebrate the gift of our Father's love: Jesus is our brother and our Lord, our Saviour and our friend, our Good Shepherd for life.

## Ordinary Time - I

*After the Baptism of the Lord, to the day before Ash Wednesday*

We reflect on the Gospel message of Kingdom living. With Jesus we work with his Body, the Church.

## Lent

*From Ash Wednesday to the morning of Holy Thursday*

Through *prayer, fasting and almsgiving* we die with Christ to sin, and prepare to renew our Baptism, to live with him for God.

## Easter Triduum

*From the Evening Mass of the Lord's Supper on Holy Thursday, to the Feast of the Resurrection of Jesus Christ on Easter Sunday*

We celebrate Jesus' dying and rising, and we share with him the gift of eternal life through our Baptism.

## Easter Season

*From Easter Sunday to Pentecost*

Sharing in the new life of Christ through Baptism, we open our hearts to be filled with his Spirit.

## Ordinary Time - II

*After Pentecost to the week following Christ the King Sunday*

We are guided by Jesus to build the kingdom of God by our lives, using the Gifts of the Holy Spirit that were strengthened in us at the time of our Confirmation.

## ShareLife 2022

Soon we will be launching our 2022 *ShareLife* Campaign. *ShareLife* is LIVING THE GOSPEL by respecting and caring for life at all stages! Today, we reflect on *Living the Gospel in countless ways*.



You might not realize the impact of your donation to *ShareLife*. Your generosity supports over 40 agencies that help thousands of people in your community and beyond. From counselling for someone suffering from depression, to a meal for someone who has nothing to eat, to support for a young mother trying to finish high school – you are making a difference in the lives of those who turn to a *ShareLife* agency for help.

As the 2022 Parish Campaign approaches, we thank you for your faithful support!

### ShareLife Committee

The next *ShareLife* Committee meeting: 12.00 pm, Saturday, 26 March (*the day before ShareLife Sunday*).

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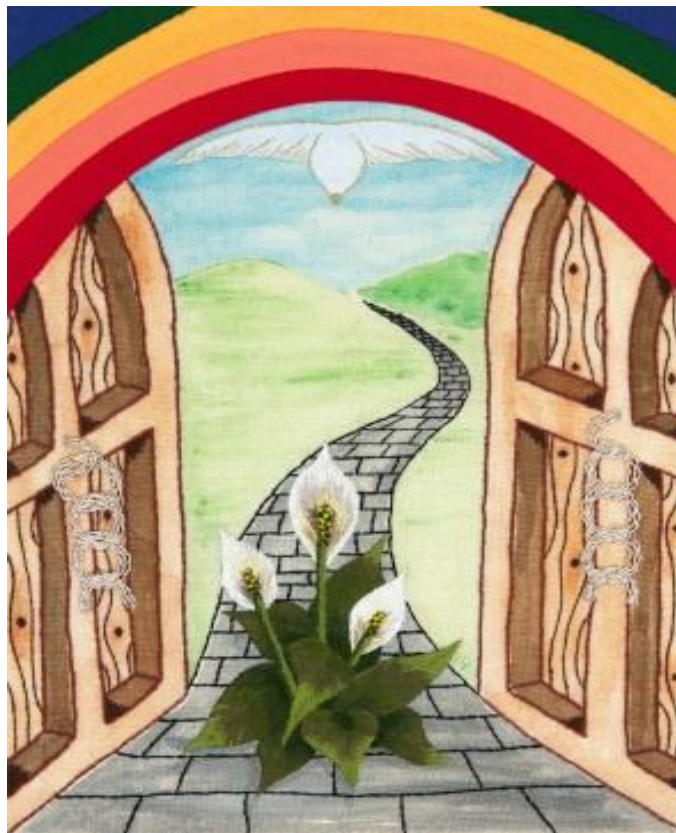
## PRAYER TO ST. MICHAEL

Saint Michael the Archangel, defend us in battle, be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly hosts, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

## World Day of Prayer 2022

### “I Know the Plans I Have for You”

Prepared by the Women of England,  
Wales & Northern Ireland



WDP 2022 Artist: Angie Fox

**Worship Service: 1.30 pm**  
**Sunday, 6 March 2022**  
**St. Maria Goretti Church**

St. Maria Goretti Parish is honoured to conduct this year's local celebration of the *World Day of Prayer*, on Sunday, 6 March. The WDP is a worldwide movement of Christian women of many traditions, who come together in early March each year to celebrate a common prayer time. Through the WDP, we affirm our faith in Jesus Christ and engage with the whole world; we are enriched by the faith experience of Christians of other countries and cultures; and we use our own talents in the service of God's world. Prayer and actions are inseparable, and both have immeasurable influence in the world.

# Stations of the Cross for Private Use

*Used by the Franciscans, in times when access to a Church is not possible.*

[\*1 *At the beginning of each station:*]

V: We adore You, O Christ, and we praise You.

R: Because, by Your holy Cross,  
You have redeemed the world.

[\*2 *Reflection for the Station.* (Text provided for each station.)]

[\*3 *At the end of each station:*]

1 Our Father, 1 Hail Mary, 1 Glory Be

## First Station

### *Jesus Condemned to Death*

O Jesus! So meek and uncomplaining,  
teach me resignation in trials.

## Second Station

### *Jesus Carries His Cross*

My Jesus, this Cross should be mine, not Yours;  
my sins crucified You.

## Third Station

### *Our Lord Falls the First Time*

O Jesus! By this fall, never let me fall into mortal sin.

## Fourth Station

### *Jesus Meets His Mother*

O Jesus! May no human tie, however dear,  
keep me from following the road of the Cross.

## Fifth Station

### *Simon the Cyrenean Helps Jesus Carry His Cross*

Simon unwillingly assisted You;  
may I suffer all for You with patience.

## Sixth Station

### *Veronica Wipes the Face of Jesus*

O Jesus! You imprinted Your sacred face upon  
Veronica's veil; stamp it also indelibly upon my heart.

## Seventh Station

### *The Second Fall of Jesus*

By Your second fall, preserve me, dear Lord,  
from relapse into sin.



## Eighth Station

### *Jesus Consols the Women of Jerusalem*

My greatest consolation would be to hear You say:  
“Your sins are forgiven, for you have loved much.”

## Ninth Station

### *Third Fall of Jesus*

O Jesus! When I am weary upon life's long journey,  
be my strength and my perseverance.

## Tenth Station

### *Jesus is Stripped of His Garments*

My soul has been robbed of its robe of innocence;  
dear Jesus, clothe me with penance and contrition.

## Eleventh Station

### *Jesus Nailed to the Cross*

You forgive Your enemies; my God,  
teach me to forgive injuries and to forget them.

## Twelfth Station

### *Jesus Dies on the Cross*

You are dying, my Jesus, but Your Sacred Heart still  
throbs with love for Your sinful children.

## Thirteenth Station

### *Jesus is Taken Down from the Cross*

Receive me into Your arms, O Sorrowful Mother;  
and obtain for me perfect contrition for my sins.

## Fourteenth Station

### *Jesus is Laid in the Sepulchre*

O Jesus, when I receive You into my heart in Holy  
Communion, make it a fit abiding place for Your Body,  
for it is worthy of adoration. Amen.



Lenten motif at St. Albert the Great School.

# Are You Missing Out on the Real Benefits of Lenten Fasts and Sacrifices?

By Christopher West

Lent is upon us and Catholics around the world are embracing various forms of fasting and abstinence in preparation for the holiest week of the year. But why do we fast? How does saying no to food or other bodily pleasures actually increase our love for God?

Christian fasting is not rooted in suspicion towards or rejection of the physical world, the human body, or the pleasures of food. Precisely the opposite. Only those who know how to fast properly know how to feast. We fast, first of all, the Catechism says, to “prepare us for the liturgical feasts” (CCC 2043).

Fasting allows us to feel our hunger. And feeling our physical hunger can, if we allow it, lead us to feel our spiritual hunger – our hunger for God. Think of the woman at the well: she came there physically thirsty and left with the promise of “living water.”

If feeling our hunger can awaken our spiritual senses, never feeling hunger can dull them. Furthermore, when we always satisfy our hunger, we can become enslaved by the pleasures of this world. Fasting and abstinence “help us acquire mastery over our instincts and freedom of heart” (CCC 2043). And this kind of freedom is especially important for people like me who love to eat. Oh, do I ever! In fact, at the end of a meal I often feel a deep sadness. I sometimes find myself picking the minutest of crumbs off my plate in an attempt to stretch the enjoyment until every last morsel is gone. But I’m only putting off the inevitable. This meal is going to end. It’s going to end! One more crumb and it’s over. Done. Finished. Something in me shouts: No! I want this to last forever...

And there it is – my yearning for the infinite ... my yearning for God. The sadness I feel at the end of a meal leaves me with three choices: I can go back for more food than I need (*gluttony*); I can reject the pleasure of food as evil (*stoicism, puritanism, Manichaeism*); or I can allow the “ache” I feel to open me to the living hope of the eternal banquet. Fasting, properly practiced, is a wide-open door precisely to this hope.

God desires to feed us with “juicy, rich food, and pure, choice wines” (Is 25:6), with “bread come down from heaven” (Jn 6:41). Scripture describes heaven itself as a feast – a wedding feast (see Rev 19:9). And let us not forget Christ’s first miracle: at the end of the party



when the wedding guests had already finished the wine, Christ provides over 400 liters of the finest wine imaginable. As the glory of Pentecost indicates, we are all called to get “drunk” on this new wine (Acts 2:13).

This kind of “holy intoxication” is a favorite theme of the mystics. For in the Song of Songs, the King invites his bride into the “wine cellar” (1:4). Teresa of Avila offers this commentary: “The King seems to refuse nothing to the Bride! Well, then, let her drink as much as she desires and get drunk on all these wines in the cellar of God! Let her enjoy these joys, wonder at these great things, and not fear to lose her life through drinking much more than her weak nature enables her to do. Let her die at last in this paradise of delights; blessed death that makes one live in such a way.”

Wow! If authentic Christian fasting is meant to prepare me for this kind of feasting, bring it on! But what, we might ask, is the difference between this kind of “holy indulgence” and the frat-party beer bong? It’s this: we become gluttons and drunkards when we seek satisfaction of our desire for Infinity in the earth’s wine, but we become saints when we seek satisfaction of our desire for Infinity in heaven’s wine.

Should we, then, reject the earth’s wine? No! That is the essential error of puritanism and Manichaeism – the idea that the physical world and its pleasures are evil. No, they aren’t evil. Properly embraced, they are “little sacraments,” little foretastes of heaven.

In fact, how does God communicate heaven’s wine to us? Precisely through earth’s wine: “Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.” But in order to enter the Infinite delights of this liturgical feast, we will need to learn to fast.



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For more information on the *Theology of the Body*, contact the *Theology of the Body Evangelization Team* (TOBET): [info@tobet.org](mailto:info@tobet.org).

THOMAS MERTON

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# Ascending spiritual heights

**Thomas Merton** was born on 31 January 1915 in Prades, France, to **Owen Merton**, a New Zealand painter and **Ruth Jenkins**, an American Quaker artist. He was baptized in the Church of England, following his father's wishes. His mother died in 1921, and his father in 1931. In 1933, he moved to Rome, and began going to the churches, not quite knowing why he felt so drawn to them. He did not attend Mass; he just observed them. In the apse of one church, he set his eyes upon a mosaic of **Jesus Christ** that transfixed him. He had a hard time leaving the place, though he was unsure why. In October 1933, he entered Cambridge University (England), and then in 1935 he entered Columbia University (New York). In 1937, Merton read a book that opened his mind to Catholicism: *The Spirit of Medieval Philosophy* by **Etienne Gilson**. Inside he encountered an explanation of God that he found both logical and pragmatic. Merton did not see the *nihil obstat* in the book denoting its Catholic origin. Another author Merton began reading at this time was **Aldous Huxley**, whose book *Ends and Means* introduced Merton to mysticism. In August 1938, he decided he wanted to attend Mass and went to Corpus Christi Church located near the Columbia campus. Mass was foreign to him, but he listened attentively. One evening in September, Merton was reading a book about **Gerard Manley Hopkins'** conversion to Catholicism and how he became a priest. Suddenly he could not shake the sense that he should also follow such a path. He headed quickly over to the Corpus Christi Church rectory, where he met with a **Fr. Barry Ford**, expressing his desire to become Catholic. On 16 November 1938, Thomas Merton became a Catholic at Corpus Christi Church and received Holy Communion. In January 1939 Merton decided to take a course on Thomas Aquinas with **Daniel Walsh**. Through him, Merton was introduced to **Jacques Maritain** at a lecture on *Catholic Action*, which took place at a Catholic Book Club meeting. In March 1942, he was accepted as a novice monk at the monastery of *Gethsemani* in Kentucky. On May 26, 1949 (on Ascension Thursday) Merton was ordained to the Priesthood. He became an enormously successful writer on spiritual subjects, authoring such books as *Seeds of Contemplation*, and *Seven Storey Mountain*. While on a visit to Asia, during which he met the **Dalai Lama**, Thomas Merton died accidentally in Bangkok, Thailand, on 10 December 1968.



## The Sowing of Meanings by Thomas Merton

See the high birds! Is theirs the song  
That dies among the wood-light  
Wounding the listener with such bright arrows?  
Or do they play in wheeling silences  
Defining in the perfect sky  
The bounds of (here below) our solitude,

Where spring has generated lights of green  
To glow in clouds upon the sombre branches?  
Ponds full of sky and stillnesses  
What heavy summer songs still sleep  
Under the tawny rushes at your brim?

More than a season will be born here, nature,  
In your world of gravid mirrors!  
The quiet air awaits one note,  
One light, one ray and it will be the angels' spring:  
One flash, one glance upon the shiny pond, and then

Asperges me! sweet wilderness, and lo! we are redeemed!  
For, like a grain of fire  
Smouldering in the heart of every living essence  
God plants His undivided power -  
Buries His thought too vast for worlds  
In seed and root and blade and flower,

Until, in the amazing light of April,  
Surcharging the religious silence of the spring,  
Creation finds the pressure of His everlasting secret  
Too terrible to bear.

Then every way we look, lo! rocks and trees  
Pastures and hills and streams and birds and firmament  
And our own souls within us flash, and shower us with light,  
While the wild countryside, unknown, unvisited of men,  
Bears sheaves of clean, transforming fire.

And then, oh then the written image, schooled in sacrifice,  
The deep united threeness printed in our being,  
Shot by the brilliant syllable of such an intuition, turns within,  
And plants that light far down into the heart of darkness and oblivion,  
Dives after, and discovers flame.