



## Parish Week † Sunday, 22 Sept. 2024

### Saturday, 21 Sept. / St. Matthew, apostle & evangelist

- 8.00 am Mass: † Departed Souls of the Bernal & Fernando Families (Christina)  
 12.00 pm Knights of Columbus **CAR WASH** (to 4.00 pm)  
 5.00 pm Mass: † Mary D'Cunha (Esme)

### SUNDAY, 22 SEPT. / 25-B

- Homilist: Fr. Elias Chachati
  - 2<sup>nd</sup> Collection: Needs of the Church in Canada
  - Stewardship Sunday
- 9.00 am Mass: † Jesus Serneo (family)  
 10.30 am Mass: † Maria Clara Cruz (family)  
 12.00 pm Mass: Int. Thanksgiving (Shine Carta)  
 7.00 pm Mass: Pro Populo

### Monday, 23 Sept. / St. Padre Pio of Pietrelcina, priest

- 8.00 am Mass: † Michele Pisciola (Irma)  
 7.00 pm Mass: † Nolasco Remedio (family)

### Tuesday, 24 Sept. / Blessed Emilie Tavernier-Gamelin

- 8.00 am Mass: † Jeanette Liles (Daphne)

### Wednesday 25 Sept. / Ss. Cosmos & Damian / martyrs

- 8.00 am Mass: Int. Thanksgiving Ramon Cereso (family)

### Thurs., 26 Sept. / Ss. John de Brébeuf & Isaac Jogues, priests and Companions, martyrs

- 8.00 am Mass: † Cecilyammah Santhiapillai (friends)  
 9.30 am ▶ St. Albert School Mass  
 12.30 pm St. Maria Goretti School Mass

### Friday, 27 Sept. / St. Vincent de Paul, priest

- 8.00 am Mass: † Loretta & Celine (Daphne)

### Saturday, 28 Sept. / St. Lorenzo Ruiz & Companions, martyrs

- 8.00 am Mass: † Nolasco Remedio (family)  
 10.00 am ▶ **Linda's Walk** (St. Bonaventure Church)  
 5.00 pm Mass: † Mike D'Mello (Esme)  
 - RCIA Rite of Candidacy  
 6.15 pm Ramtahal Renewal of Wedding Vows

### SUNDAY, 29 SEPT. / 26-B

- Homilist Deacon Ramon Villardo:
  - 2<sup>nd</sup> Collection: Maintenance
  - Daughters of St. Paul Book Fair
- 9.00 am Mass: † Michele Pisciola (Emma De Cicco)  
 10.30 am Mass: † Valerie Gibson (Daphne)  
 12.00 pm Mass: † Beatriz & Fernando Remedios (family)  
 7.00 pm Mass: Pro Populo

## Focus on the Word

25<sup>th</sup> Sunday in Ordinary Time, Year B  
 Wisdom 2.12, 17-20; James 3.16-4.3; Mark 9.30-37

*O God, who founded all the commands of your sacred Law upon love of you and of our neighbour, grant that, by keeping your precepts, we may merit to attain eternal life. Amen.*

## Pray for the Deceased

**Bernadaiah Addagatla, Mimi De Asis Borg, Bianca Fernando, Fr. Bernard Cryer, Fernando Gabuyo, Nithiya Sagayaratnam Soosaipillai**

The **200** victims of the recent flooding in Vietnam.

## St. Vincent de Paul Feast Day 27 Sept.

Our ST. VINCENT DE PAUL SOCIETY will be holding a celebration in the Vestibule in honour of their patron after the 8.00 am Mass on Friday, 27 September. All are welcome.

## 2<sup>nd</sup> Collection

22 September: *Bishops' Collection for the needs of the Church in Canada*



The 2<sup>nd</sup> collection on Sunday, 22 September, will be for the *Bishops' Collection for the Needs of the Church in Canada*.

Every year, the Bishops of Canada appeal for financial assistance to support their work through the Collection for the *Needs of the Church in Canada*. Through the work of its members, the Canadian Conference of Catholic Bishops (CCCB) is involved in national and international areas of pastoral activity, including social justice, ecumenical and interfaith relations, collaboration with Aboriginal Peoples, life and family issues, liturgy, catechesis doctrine and relations with Catholic associations and movements.

The CCCB also provides the Bishops with a forum to share their experiences, insights and reflections on the major events and issues that shape the Church and modern society. It also works with the Eastern Catholic rites, such as the Byzantines and Syrians, to address needs within their communities.

## COMING UP

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- 1 Oct. **Bishop Michael Power**, death anniversary (1847);  
 - Memorial Mass: † Verlynda Villarosa (10:00 am)
- 5 Oct. Memorial Mass: † Mary Weerasinghe (1:00 pm)
- 6 Oct. 2<sup>nd</sup> Collection: **Indigenous Healing & Reconciliation;**  
 - ▶ **LIFE CHAIN**
- 7 Oct. Infant Parent Godparent meeting (7:40pm)
- 16 Oct. St. Maria Goretti's birthday (1890);  
 - St. Maria Goretti School Mass (9:00am);  
 - ▶ St. Albert School Mass (1:00pm)
- 19 Oct. Wedding: Opiriano & Dimaculangan (1:00pm)
- 20 Oct. Wedding: Outar-Singh & Seelochan (3:00pm)  
 2<sup>nd</sup> Collection: **World Mission Sunday**
- 1 Nov. **Feast of All Saints**
- 2 Nov. **Feast of All Souls**

## Stewardship Sunday 22 September

The goal of stewardship is to increase the engagement of everyone in the life of the parish, so that we are all involved in the myriad of ways to serve others. Cardinal Thomas Collins wrote:

*"Stewardship is undeniably fruitful. Where, over time, more and more parishioners become engaged in sharing their time, talent, and treasure to the work of the Gospel, the Church flourishes."*

## ShareLife 2024

Many thanks for your contribution to our 2024 Parish Campaign.

So far, we have raised: \$ 52,843.00  
toward our 2024 goal of: \$ 65,000.00



This year, for the first time ever, 100,000 people in Toronto are expected to turn to food charities. Through our Parish's support, *ShareLife*, Catholic Charities of the Archdiocese of Toronto and a generous anonymous donor are committing \$750,000 to fund food banks and meal programs throughout the Archdiocese. Reaching our Parish campaign goal will help to make these grants possible.

Archbishop Francis Leo encourages you to help:

*"We see and feel the pain of those struggling to feed their families, and it moves us deeply," says Archbishop Francis Leo. "Proverbs 22:9 reminds us, 'The generous will themselves be blessed, for they share their food with the poor.' Our faith calls and challenges us to be the beating heart and outstretched hands of Christ himself, extending his love and compassion to those in need. Together, we will continue to bring hope and dignity to our community, to those who suffer thus making a concrete difference in the lives of our neighbours."*

Please help us to combat hunger by giving at our Parish using a *ShareLife* envelope. Thank you for your compassion.

## RCIA, RCIC Rite of Christian Initiation of Adults and Children

Coming Up:

**Candidacy Rite:** 5 pm Mass, 28 Sept.

RCIA meetings: 20 & 27 Sept., 7.30 pm.

RCIC meetings: 21 & 28 Sept., 10.00 am.



## Daughters of St. Paul Book Fair 29 Sept.

PAULINE BOOKS & MEDIA is bringing a mini-Bookcentre to St. Maria Goretti Church! Join the *Daughters of St. Paul* after the Masses on 28 & 29 September to choose from an excellent selection of Catholic books for children, youth & adults, including for Communion, Confirmation, Advent & Christmas! Gift items and DVD movies will also be available. Cash, Interac, Mastercard and Visa are all accepted. call us at 416-781-9131, or visit our webstore at: [www.paulinestore.ca](http://www.paulinestore.ca) for special requests. We look forward to seeing you!

## Fall Fair

6 October  
9 am - 2 pm

Don't miss it! Our Parish is holding a FALL FAIR:

Sunday, 6 October, 9 am - 2 pm.

- Yard Sale
- Multicultural Food Tables

Tables available: \$20 to sell your wares.

Please contact: **Lillian**, 647-909-6425.



## Altar Servers

### ANNUAL AWARDS MASS

ST. BERNADETTE CHURCH, 19 October

The annual **Altar Server Awards Mass** will be celebrated at 10.00 am on Saturday, 19 October at:  
ST. BERNADETTE CHURCH, Ajax.



## Wedding Congratulations

**Edwin Kalapan Kumarasamy and Alina Rodrigues**

27 May 2023, St. Francis Xavier, Mississauga

**Naveen Uthan and Angelin Ragel**

19 August 2023, Our Lady of Good Health

**Mark Salabit and Rhysie Noel**

20 April 2024, St. Mary

**Stefan Ipata and Chaline Alfred**

24 August

**Juleus Pushparajah and Theymasha Navaratnam**

24 August, Holy Cross, Georgetown

**Praveen Thevarajah and Nareesa Alli**

31 August, St. Patrick, Markham

**Carmine Tang and Cassie Peralta**

6 September

**Bryan Chiu and Cassandra Chen**

7 September, Prince of Peace



## Personal Health & Wellness Sept.

Connecting with nature isn't just refreshing, it's essential for your overall well-being. Spending time outdoors, whether it's gardening, walking in a park, relaxing by the beach or simply just sitting under a tree has many benefits for your mind and body. Some of these benefits include (source: *Healthline*):

**Better breathing:** Spending more time in natural green spaces could help you to lower your risk of respiratory concerns.

**Improved sleep:** Exposing yourself to sunlight can improve your sleep by:

- helping you feel more tired at night
- shortening the time that it takes to fall asleep
- improving the quality of your rest

**Reduced depression symptoms:** Sunlight can often ease depression symptoms. It can assist in decreasing anxiety, anger, confusion and fatigue, with greater effects in people with higher initial stress levels.

**Motivation to exercise:** Working out in green spaces could help boost your motivation to exercise in the future, in part because outdoor exercise can:

- offer a nice change of pace from gyms
- make physical activity more interesting & enjoyable
- make it easier to socialize
- feel easier and less strenuous.

**Mental restoration:** The modern world contains plenty of stimuli that compete for our limited attention, such as flashing screens, vibrating phones, to traffic noise. The natural world, on the other hand, can offer an opportunity to unwind and recharge. In nature, soothing attractions for your senses can hold your attention without draining your mental energy.

**Boost Immune Function:** The *Centre for Disease Control and Prevention* suggests you are less likely to contract a virus when outside due to the fact that air circulation can dilute the presence of viruses in the air.

**Improved emotional well-being:** Outdoor time can do more than help relieve emotions like fear, worry and sadness. It may also help promote emotions you want to feel more of, like happiness, peace and optimism. Make time to immerse yourself in natural surroundings regularly, and though it is summer, and we are more motivated to get outside in the nice weather, don't forget to spend time outdoors in the cooler months; there are benefits and beauty in all the seasons.

## To Love

"I hold it true, whate'er befall;  
I feel it when I sorrow most;  
'Tis better to have loved and lost  
than never to have loved at all."

Verse XXVII, *Alfred, Lord Tennyson*

## Ulysses

'Tis not too late to seek a newer world.  
Push off, and sitting well in order smite  
The sounding furrows; for my purpose holds  
To sail beyond the sunset, and the baths  
Of all the western stars, until I die.

It may be that the gulfs will wash us down:  
It may be we shall touch the Happy Isles,  
And see the great Achilles, whom we knew.  
Tho' much is taken, much abides; and tho'  
We are not now that strength which in old days  
Moved earth and heaven,  
that which we are, we are:  
One equal temper of heroic hearts,  
Made weak by time and fate, but strong in will  
To strive, to seek, to find, and not to yield.

*Alfred, Lord Tennyson*

## One Day at a Time

One day at a time, with its failures and fears,  
Its hurts and mistakes, with its weakness and tears,  
With its portion of pain and its burden of care;  
One day at a time we must meet and must bear.

One day at a time to be patient and strong,  
To be calm under trial and sweet under wrong;  
Then its toiling will pass and its sorrow will cease;  
It will darken and die, and the night will bring peace.

One day at a time – but the day is so long,  
And the heart is not brave, and the soul is not strong,  
O pitiful Christ, be near all the way;  
Give courage and patience and strength for the day.

Swift comes His answer, so clear and so sweet;  
"Yes, I will be with you, your troubles to meet;  
I will not forget you, nor fail you, nor grieve;  
I will not forsake you; I never will leave."

Not yesterday's load we are called on to bear,  
Nor the morrow's uncertain and shadowy care;  
Why should we look forward or back with dismay?  
Our needs, as our mercies, are but for the day.

One day at a time, and the day is His day; He has  
numbered its hours, though they haste or delay.  
His grace is sufficient; we walk not alone;  
As the day, so the strength that He gives His own.

*Annie Johnson Flint*



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Pope Francis meets with 50,000 Altar Servers, 30 July.



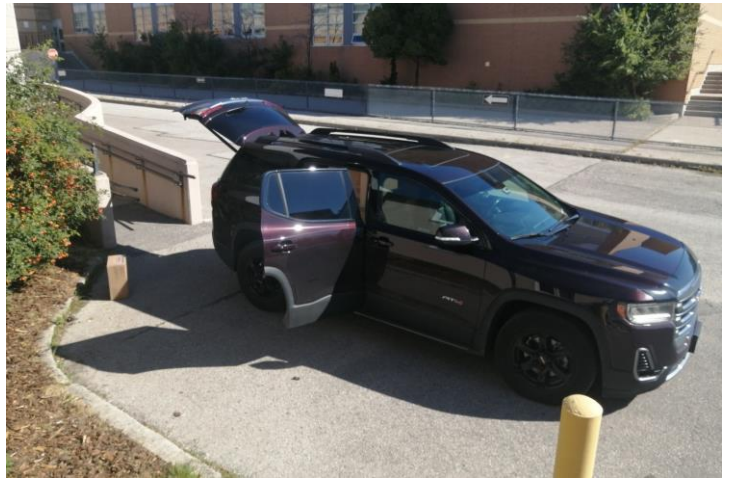
## New Statue of St. Michael the Archangel in Brazil

A monument of Saint Michael the Archangel is being built in the city of São Miguel Arcanjo, Brazil. The image, which is 75 meters high including the base, will be the largest in the world when completed in 2026. São Miguel Arcanjo is a town in the State of São Paulo, Brazil. Its roots began in 1841, when the local population grew with the spread of the cultivation of coffee. Tourism developed in the second half of the 20<sup>th</sup> century due to its closeness to Sao Paulo and its exuberant nature, with ecological parks, trails and waterfalls.

The original Church was inaugurated on 1 January 1945. A new Church was completed in 1962. The center of the new shrine will be the *Gruta del Arcángel*, a building inspired by the Shrine of St. Michael at Monte Gargano, in the south of Italy. There, according to Tradition, Saint Michael appeared four times. The monument will have a replica of the façade and interior of the Italian Shrine. It will also include a church for 400 people, a miracle room, a museum of sacred art, an auditorium, a devotional pavilion, confessionals, a house of candles, a Marian grotto, an outdoor Chapel for 12,000 people, shops, a food patio, a parking lot and fountains with synchronized water jets to the rhythm of music, and nightly illumination. St. Michael's image will be the work of sculptor Markus Moura, with the Archangel holding a sword in his right hand and a scale in the left.

The Catholic community built the first Chapel of Saint Michael the Archangel in 1884. It was given the title *Diocesan Shrine* in September 2013. It received the title of *Minor Basilica* in May 2018.





John Borg delivers our 2025 Sunday Offertory Envelopes, 10 September.



Honouring the Divine Mercy, 30 August.



Wedding Anniversary blessing, 24 August.



Fr. Edwin and Barry Schecter, remember David Meunier on the day before his death anniversary, 25 August.



Sharon is happy to be at Church with his mother and two sisters, 21 Aug.